

2019 Goals for Life Miami University Athletics & Talawanda Middle School

On <u>**Tuesday, November 26th**</u>, TMS students will be traveling to Millett Hall to watch a Miami Women's Basketball game vs. University of Illinois at Chicago. This event is the culmination of several exciting opportunities that students will be experiencing on that day. "Goals for Life" is a program that Miami Athletics and Talawanda Middle School have created by teaming up to help promote a healthy lifestyle, responsible decision making, and college and career planning.

- 6th grade will focus on making good, healthy choices. Students will also be taking part in team building activities and listening to a panel of Miami student/athletes/employees.
- 7th grade will focus on positive self/school culture by taking part in making a PSA or Public Service Announcement describing what their "spark" is. They will also take part in the Miami Panel. Students will visit the David and Anita Dauch Indoor Sports Center (DISC) where they will continue with team building activities.
- 8th grade will focus on college and career readiness where they will spend the morning touring the Miami campus and eating at the Western Dining Hall or Garden Commons. *****There will be an allergen-free station at Western Dining Hall for students with food-allergy needs.**

6th and 7th grade students will participate in morning activities that will focus on the different themes associated with their grade level. After lunch, students will be taking the bus to Millett Hall to watch the Miami Women's Basketball team and will have the opportunity to participate in on-court activities and be part of a fun environment. 6th and 7th grade students will eat lunch at school; 8th grade students will be touring Miami's campus and then will eat in dining halls with teachers and Miami representatives.

<u>**Students will return to TMS at the end of the day, where dismissal will happen as normal.</u>

This is an ALL STAFF/STUDENT event. We are looking forward to an exciting day with TMS students.

Please sign and return by Thursday, November 21st

My child______, has my permission to participate in the TMS Goals for Life Event and Field trip on November 26th, 2019.

Date_____